

How Winning is Your Attitude?

Each question is a simple yes or no. There is no 'sort of'.

1. When I expect myself to do well, I do well.
2. I have a strong, burning desire to achieve my most important goals.
3. I use my vivid imagination regularly to see myself reaching my goals seriously.
4. I have short- and long-term goals that I can articulate in ways that most people could measure whether I achieved or not.
5. I understand that I have 100% control of my life.
6. I learn things by regularly repeating them to build mental and physical muscle.
7. I have a deep feeling of my self-worth that is positive and uplifting
8. I see my life as a complete picture. I learn from the past, plan for the future, and live as fully as possible in the present.
9. I understand who I am, what I believe in, my current role, and what future roles fulfill my greatest potential.
10. I use my experience, insight, feedback, and my honest judgment to regularly re-evaluate #9.
11. I project my best self in how I look, walk, talk, listen, and react.
12. I am proud of who I am and aware of my unique skills and talents while practicing gracious humility in the world.
13. I approach all projects I accept with enthusiasm and passion.
14. I hold myself accountable to the standards I set.
15. I live my life choosing growth, joy, knowledge, and experience.

Give yourself 1 point for every yes answer.

11-15 points – Congratulations! You have the attitude of a winner. Now go out and set the world on fire.

6 – 10 points – Good for you! You are well on your way to building a winning attitude that will help you achieve all your goals and desires. Spend some time working to develop your skills in the areas you answered no, and the world will be your oyster.

Less than 6 points – Well, you have some work to do. You have taken the first step by taking this quiz. Build on that by working on the no areas; everything you desire can be yours.